

# New dishes for 2025

## PARKLANDS AUTUMN

### Mega Monday



### Tasty Tuesday



### Roast Wednesday



### Try It Thursday



### Fishy Friday



v = Vegetarian | vg = Vegan | \*gf = Gluten Free

## WEEK 1

Weeks starting:

1st Sept, 22nd Sept, 13th Oct  
3rd Nov, 24th Nov, 15th Dec

Margherita Pizza & Garlic Slice (V)  
Chinese BBQ Noodles (VG)  
Jacket Potato & Fillings (V) (VG) (GF)  
Soft Roll with a Choice of Fillings (V) (VG)  
Green Beans, Sweetcorn  
Fresh Daily Salad Selection, Homemade Bread  
Vanilla Ice Cream (V)  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

Crispy Chicken Dippers & Tomato Based Sauce  
★ Quorn Dippers & Tomato Based Sauce (VG) ★  
Jacket Potato & Fillings (V) (VG) (GF)  
Soft Roll with a Choice of Fillings (V) (VG)  
Steamed Rice, Sweetcorn, Broccoli  
Fresh Daily Salad Selection, Homemade Bread  
★ Marble Sponge & Custard (V) ★  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

Roast Chicken (GF)  
Plant Based Sausages (VG)  
Jacket Potato & Fillings (V) (VG) (GF)  
Soft Roll with a Choice of Fillings (V) (VG)  
Roast Potatoes, Carrots, Peas, Gravy  
Fresh Daily Salad Selection, Homemade Bread  
Raspberry Jelly & Peaches (VG)  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

★ Homemade Beef & Vegetable Pie ★  
Tomato & Herb Pasta Bake (V)  
Jacket Potato & Fillings (V) (VG) (GF)  
Soft Roll with a Choice of Fillings (V) (VG)  
Mashed Potatoes, Savoy Cabbage, Carrots  
Fresh Daily Salad Selection, Homemade Bread  
Winter Fruit Crumble & Custard (V)  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

Breaded Fish Fingers  
Vegetable Grill (VG)  
Jacket Potato & Fillings (V) (VG) (GF)  
Soft Roll with a Choice of Fillings (V) (VG)  
Chips (VG) (GF), Peas  
Baked Beans (VG) (GF), Ketchup (VG) (GF)  
Fresh Daily Salad Selection, Homemade Bread  
Lemon Cookie (VG)  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

## WEEK 2

Weeks starting:

8th Sept, 29th Sept  
20th Oct, 10th Nov, 1st Dec

Margherita or Vegetable Supreme Pizza (V)  
Authentic Vegetable Curry & Steamed Rice (VG)  
Jacket Potato & Fillings (V) (VG) (GF)  
Baguette with a Choice of Fillings (V) (VG)  
Baked Potato Wedges, Sweetcorn, Green Beans  
Fresh Daily Salad Selection, Homemade Bread  
Ice Cream & Fruit (V)  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

Mild Fajita Chicken, with Nachos & Steamed Rice  
Neapolitan Pasta (VG)  
Jacket Potato & Fillings (V) (VG) (GF)  
Baguette with a Choice of Fillings (V) (VG)  
Cabbage, Carrots  
Fresh Daily Salad Selection, Homemade Bread  
Fruit Crunch & Custard (V)  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

Sausage Stuffed Yorkshire Pudding  
Cauliflower Cheese Loaded Yorkshire Pudding (V)  
Jacket Potato & Fillings (V) (VG) (GF)  
Baguette with a Choice of Fillings (V) (VG)  
Mashed Potatoes, Carrots, Peas, Gravy  
Fresh Daily Salad Selection, Homemade Bread  
Lemon Drizzle Cake (V)  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

Cheddar & Chicken Pasta Bake  
Vegetable Burrito (VG)  
Jacket Potato & Fillings (V) (VG) (GF)  
Baguette with a Choice of Fillings (V) (VG)  
Broccoli, Sweetcorn  
Fresh Daily Salad Selection, Homemade Bread  
★ Jam Sponge & Custard (V) ★  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

Breaded Fish Fingers or Salmon &  
Sweet Potato Fishcake  
Cheese & Tomato Quiche (V)  
Jacket Potato & Fillings (V) (VG) (GF)  
Baguette with a Choice of Fillings (V) (VG)  
Chips (VG) (GF), Peas  
Baked Beans (VG) (GF), Ketchup (VG) (GF)  
Fresh Daily Salad Selection, Homemade Bread  
Chocolate Cookie (VG)  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

## WEEK 3

Weeks starting:

15th Sept, 6th Oct  
27th Oct, 17th Nov, 8th Dec

Bread and  
salad bar  
available  
DAILY

Margherita or Sweetcorn Pizza with Pasta Salad (V)  
Italian Tomato Pasta (VG)  
Jacket Potato & Fillings (V) (VG) (GF)  
Sandwich with a Choice of Fillings (V) (VG)  
Green Beans, Sweetcorn  
Fresh Daily Salad Selection, Homemade Bread  
Crispy Cake (VG)  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

Macaroni Cheese (V)  
★ Chicken Tikka Biryani & Naan Bread ★  
Jacket Potato & Fillings (V) (VG) (GF)  
Sandwich with a Choice of Fillings (V) (VG)  
Cauliflower, Peas  
Fresh Daily Salad Selection, Homemade Bread  
Apple Cake & Custard (V)  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

Roast Chicken (GF)  
Baked Bean Cheesy Puff (V)  
Jacket Potato & Fillings (V) (VG) (GF)  
Sandwich with a Choice of Fillings (V) (VG)  
New Potatoes, Carrots, Savoy Cabbage, Gravy  
Fresh Daily Salad Selection, Homemade Bread  
Vanilla Ice Cream (V)  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

The Dolce All Day Breakfast  
The Dolce All Day Veggie Breakfast (V)  
Jacket Potato & Fillings (V) (VG) (GF)  
Sandwich with a Choice of Fillings (V) (VG)  
Hash Brown, Baked Beans, Peas  
Fresh Daily Salad Selection, Homemade Bread  
Fresh Fruit Salad (VG)  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt

Breaded Fish Fingers or Fishless Fingers (VG)  
Cheese & Onion Gratin (V)  
Jacket Potato & Fillings (V) (VG) (GF)  
Sandwich with a Choice of Fillings (V) (VG)  
Chips (VG) (GF), Peas  
Baked Beans (VG) (GF), Ketchup (VG) (GF)  
Fresh Daily Salad Selection, Homemade Bread  
★ Hot Chocolate Fudge Pudding (V) ★  
Dolce Homebake, Seasonal Fruit, Peach Yoghurt