

AUTUMN BRYN COCH

BREAD & SALAD BAR
AVAILABLE DAILY



WEEK 1

WG: 31st AUG, 21st SEPT, 12th OCT
2nd NOV, 23rd NOV, 14th DEC

WEEK 2

WG: 7th SEPT, 28th SEPT,
19th OCT, 9th NOV, 30th NOV

WEEK 3

WG: 24th AUG, 14th SEPT, 5th OCT,
26th OCT, 16th NOV, 7th DEC

MONDAY

Hand Stretched Margherita or
Sweetcorn Pizza & Garlic Slice (V) (VG)
Chinese BBQ Noodles (VG)
Jacket Potato & Fillings (V) (VG) (GF)
Roll with a Choice of Fillings (V) (VG)

Green Beans, Sweetcorn
Fresh Salad Selection, Homemade Bread

Ice Cream & Fruit (V)
Seasonal Fruit, Fruit Yoghurt

Hand Stretched Margherita Pizza &
Spaghetti Hoops (V) (VG)
Authentic Vegetable Curry & Steamed Rice (VG)(GF)
Jacket Potato & Fillings (V) (VG) (GF)
(Including a Hot Topper)
Baguette with a Choice of Fillings (V) (VG)

Sweetcorn, Green Beans
Fresh Salad Selection, Homemade Bread

Chocolate Mousse (V)
Seasonal Fruit, Fruit Yoghurt

Hand Stretched Margherita or
Pineapple Pizza & Pasta Salad (V) (VG)
Mushroom Carbonara (V)
Jacket Potato & Fillings (V) (VG) (GF)
Wholemeal Sandwich & Choice of Fillings (V) (VG)

Green Beans, Sweetcorn
Fresh Salad Selection, Homemade Bread

Crispy Cake (VG)
Seasonal Fruit, Fruit Yoghurt

TUESDAY

Macaroni Cheese (V)
★ Meatballs in Tomato Sauce & Steamed Rice (GF) ★
Jacket Potato & Fillings (V) (VG) (GF)
(Including a Hot Topper)
Roll with a Choice of Fillings (V) (VG)

Carrots, Peas
Fresh Salad Selection, Homemade Bread

Marbled Cookie (VG)
Seasonal Fruit, Fruit Yoghurt

Bolognese Pasta Bake
Shepherdess Pie (VG) (GF)
Jacket Potato & Fillings (V) (VG) (GF)
Baguette with a Choice of Fillings (V) (VG) (GF)
(Including a Hot Baguette)

Carrots, Peas
Fresh Salad Selection, Homemade Bread

Iced Carrot Cake (V)
Seasonal Fruit, Fruit Yoghurt

All Day Breakfast
All Day Veggie Breakfast (V) (VG)
Jacket Potato & Fillings (V) (VG) (GF)
Wholemeal Sandwich & Choice of Fillings (V) (VG)

Hash Brown, Baked Beans, Peas
Fresh Salad Selection, Homemade Bread

Peach & Apple Crumble & Custard (V)
Seasonal Fruit, Fruit Yoghurt

WEDNESDAY

Roast Chicken (GF)
Plant Based Sausages (VG)
Pasta Bar (V) (VG)
Jacket Potato & Fillings (V) (VG) (GF)

Roast Potatoes, Carrots, Savoy Cabbage, Gravy
Fresh Salad Selection, Homemade Bread

Fresh Fruit Salad (VG)
Seasonal Fruit, Fruit Yoghurt

Roasted Chicken Fillet
★ Plant Based Burger ★
Pasta Bar (V) (VG)
Jacket Potato & Fillings (V) (VG) (GF)

Potato Wedges, Sweetcorn, Baked Beans, Ketchup
Fresh Salad Selection, Homemade Bread

Strawberry Jelly & Peaches (VG)
Seasonal Fruit, Fruit Yoghurt

★ Roast Chicken (GF) ★
★ Mild Vegetable Keema Curry & Steamed Rice (VG) ★
Pasta Bar (V) (VG)
Jacket Potato & Fillings (V) (VG) (GF)
(Including a Hot Topper)

New Potatoes, Carrots, Savoy Cabbage, Gravy
Fresh Salad Selection, Homemade Bread

Lancashire Cookie (VG)
Seasonal Fruit, Fruit Yoghurt

THURSDAY

Pasta Bar (V) (VG)
Chilli Con Carne (GF)
Jacket Potato & Fillings (V) (VG) (GF)
(Including a Hot Topper)

Steamed Rice, Sweetcorn, Broccoli
Fresh Salad Selection, Homemade Bread

Apple Sponge & Custard (V)
Seasonal Fruit, Fruit Yoghurt

Oven Baked Sausages (GF)
Salmon & Sweet Potato Fishcake
Pasta Bar (V) (VG)
Jacket Potato & Fillings (V) (VG) (GF)

Mashed Potatoes, Cauliflower, Carrots, Gravy
Fresh Salad Selection, Homemade Bread

Pineapple Upside Down Cake & Custard (V)
Seasonal Fruit, Fruit Yoghurt

Pasta Bar (V) (VG)
★ Spanish Chicken & Tomato Rice ★
Jacket Potato & Fillings (V) (VG) (GF)

Sweetcorn, Carrots
Fresh Salad Selection, Homemade Bread

Chocolate Fudge Pudding & Pears (V)
Seasonal Fruit, Fruit Yoghurt

FRIDAY

Breaded Fish Fingers or Crispy
Crumbed Vegetable Grill (VG)
★ Cheesy Butternut Squash Sausage Roll (V) ★
Jacket Potato & Fillings (V) (VG) (GF)
Roll with a Choice of Fillings (V) (VG)

Chips, Peas, Baked Beans, Ketchup
Fresh Salad Selection, Homemade Bread

Banana Bread (V)
Seasonal Fruit, Fruit Yoghurt

Breaded Fish Fingers or Quorn Dippers (VG)
Cauliflower Cheese Tart (V)
Jacket Potato & Fillings (V) (VG) (GF)
Baguette with a Choice of Fillings (V) (VG)

Chips, Peas, Baked Beans, Ketchup
Fresh Salad Selection, Homemade Bread

Fresh Fruit Salad (VG)
Seasonal Fruit, Fruit Yoghurt

Breaded Fish Fingers or Fishless Fingers (VG)
Lemon & Herb Salmon Pasta
Jacket Potato & Fillings (V) (VG) (GF)
Wholemeal Sandwich & Choice of Fillings (V) (VG)

Chips, Peas, Baked Beans, Ketchup
Fresh Salad Selection, Homemade Bread

Lemon Drizzle Cake (V)
Seasonal Fruit, Fruit Yoghurt

★ NEW DISHES FOR 2026

V = Vegetarian | VG = Vegan | ★GF = Gluten Free

For full allergen information please refer to your School Grid Account. *Gluten free products are prepared in a kitchen that handle products containing gluten. Any Halal menu variations will be displayed on SchoolGrid. Menus subject to change.