

AUTUMN MERRYDALE JUNIORS

BREAD & SALAD BAR
AVAILABLE DAILY



WEEK 1

WG: 31st AUG, 21st SEPT, 12th OCT
2nd NOV, 23rd NOV, 14th DEC

WEEK 2

WG: 7th SEPT, 28th SEPT,
19th OCT, 9th NOV, 30th NOV

WEEK 3

WG: 24th AUG, 14th SEPT, 5th OCT,
26th OCT, 16th NOV, 7th DEC



MONDAY

Hand Stretched Margherita or Sweetcorn Pizza & Garlic Slice (V) (VG)
Chinese BBQ Noodles (VG)
Jacket Potato & Fillings (V) (VG) (GF)

Green Beans, Sweetcorn
Fresh Salad Selection, Wholemeal Sliced Bread

Ice Cream & Fruit (V)
Seasonal Fruit, Fruit Yoghurt

Hand Stretched Margherita Pizza & Spaghetti Hoops (V) (VG)
Authentic Vegetable Curry & Steamed Rice (VG) (GF)
Jacket Potato & Fillings (V) (VG) (GF)
(Hot Topper Included)

Sweetcorn, Green Beans
Fresh Salad Selection, Wholemeal Sliced Bread

Chocolate Mousse (V)
Seasonal Fruit, Fruit Yoghurt

Hand Stretched Margherita or Pineapple Pizza & Pasta Salad (V) (VG)
Mushroom Carbonara (V)
Jacket Potato & Fillings (V) (VG) (GF)
Wholemeal Sandwich & Choice of Fillings (V) (VG)

Green Beans, Sweetcorn
Fresh Salad Selection, Wholemeal Sliced Bread

Crispy Cake (VG)
Seasonal Fruit, Fruit Yoghurt

TUESDAY

Macaroni Cheese (V)
★ Meatballs in Tomato Sauce & Steamed Rice (GF) ★
Jacket Potato & Fillings (V) (VG) (GF)
(Hot Topper Included)

Carrots, Peas
Fresh Salad Selection, Wholemeal Sliced Bread

Marbled Cookie (VG)
Seasonal Fruit, Fruit Yoghurt

Bolognese Pasta Bake
Shepherdess Pie (VG) (GF)
Jacket Potato & Fillings (V) (VG) (GF)

Carrots, Peas
Fresh Salad Selection, Wholemeal Sliced Bread

Iced Carrot Cake (V)
Seasonal Fruit, Fruit Yoghurt

All Day Breakfast
All Day Veggie Breakfast (V) (VG)
Jacket Potato & Fillings (V) (VG) (GF)
Wholemeal Sandwich & Choice of Fillings (V) (VG)

Hash Brown, Baked Beans, Peas
Fresh Salad Selection, Wholemeal Sliced Bread

Peach & Apple Crumble & Custard (V)
Seasonal Fruit, Fruit Yoghurt

WEDNESDAY

Roast Chicken (GF)
Plant Based Sausages (VG)
Jacket Potato & Fillings (V) (VG) (GF)

Roast Potatoes, Carrots, Savoy Cabbage, Gravy
Fresh Salad Selection, Wholemeal Sliced Bread

Fresh Fruit Salad (VG)
Seasonal Fruit, Fruit Yoghurt

★ Roasted Chicken Fillet or Plant Based Burger ★
Salmon & Sweet Potato Fishcake
Jacket Potato & Fillings (V) (VG) (GF)

Potato Wedges, Sweetcorn, Baked Beans, Ketchup
Fresh Salad Selection, Wholemeal Sliced Bread

Strawberry Jelly & Peaches (VG)
Seasonal Fruit, Fruit Yoghurt

★ Roast Chicken (GF) ★
★ Mild Vegetable Keema Curry & Steamed Rice (VG) ★
Jacket Potato & Fillings (V) (VG) (GF)
(Hot Topper Included)

New Potatoes, Carrots, Savoy Cabbage, Gravy
Fresh Salad Selection, Wholemeal Sliced Bread

Lancashire Cookie (VG)
Seasonal Fruit, Fruit Yoghurt

THURSDAY

Pasta Bar (V) (VG)
Lamb Chilli Con Carne (GF)
Jacket Potato & Fillings (V) (VG) (GF)
(Hot Topper Included)

Steamed Rice, Sweetcorn, Broccoli
Fresh Salad Selection, Wholemeal Sliced Bread

Apple Sponge & Custard (V)
Seasonal Fruit, Fruit Yoghurt

Oven Baked Sausages (GF)
★ Baked Bean Lasagne (V) ★
Jacket Potato & Fillings (V) (VG) (GF)

Mashed Potatoes, Cauliflower, Carrots, Gravy
Fresh Salad Selection, Wholemeal Sliced Bread

Pineapple Upside Down Cake & Custard (V)
Seasonal Fruit, Fruit Yoghurt

Pasta Bar (V) (VG)
★ Spanish Chicken & Tomato Rice ★
Jacket Potato & Fillings (V) (VG) (GF)
Wholemeal Sandwich & Choice of Fillings (V) (VG)

Sweetcorn, Carrots
Fresh Salad Selection, Wholemeal Sliced Bread

Chocolate Fudge Pudding & Pears (V)
Seasonal Fruit, Fruit Yoghurt

FRIDAY

Breaded Fish Fingers or Crispy Crumbed Vegetable Grill (VG)
★ Cheesy Butternut Squash Sausage Roll (V) ★
Jacket Potato & Fillings (V) (VG) (GF)

Chips, Peas, Baked Beans, Ketchup
Fresh Salad Selection, Wholemeal Sliced Bread

Banana Bread (V)
Seasonal Fruit, Fruit Yoghurt

Breaded Fish Fingers or Quorn Dippers (VG)
Cauliflower Cheese Tart (V)
Jacket Potato & Fillings (V) (VG) (GF)

Chips, Peas, Baked Beans, Ketchup
Fresh Salad Selection, Wholemeal Sliced Bread

Fresh Fruit Salad (VG)
Seasonal Fruit, Fruit Yoghurt

Breaded Fish Fingers or Fishless Fingers (VG)
Mixed Bean Enchilada (VG)
Jacket Potato & Fillings (V) (VG) (GF)

Chips, Peas, Baked Beans, Ketchup
Fresh Salad Selection, Wholemeal Sliced Bread

Lemon Drizzle Cake (V)
Seasonal Fruit, Fruit Yoghurt

★ NEW DISHES FOR 2026

V = Vegetarian | VG = Vegan | *GF = Gluten Free

For full allergen information please refer to your School Grid Account. *Gluten free products are prepared in a kitchen that handle products containing gluten. Any Halal menu variations will be displayed on SchoolGrid. Menus subject to change.

